## What is claimed is:

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1. A method, comprising:

providing a server coupled to a computer network; '

5 receiving a patient follow-up request from a practitioner;

entering data in a patient information database maintained by the server in response to the patient follow-up request;

assigning a patient contact to a health care monitor from the server over a computer network;

receiving patient data over the computer network from the health care monitor about the patient contact;

storing the patient data in the patient information database; and sending the patient data to the practitioner from the patient information database.

- 15 2. The method of claim 1, wherein the health care monitor is a pharmacist.
  - 3. The method of claim 1, wherein the health care monitor is remotely located relative to the server, and said assigning includes designating several different patient contacts for the health care monitor from the server over the computer network.

4. The method of claim 1, wherein the health care monitor contacts the patient by telephone to perform the patent contact.

- 5. The method of claim 1, which includes:
  - providing an administrative site coupled to the server by the computer network;

providing at least a portion of the patient data to a program sponsor through the computer

network; and

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- evaluating the patient data to determine patient compliance.
- 6. A method, comprising:

providing a server for storing a patient information database;

generating an assignment of a patient contact to a health care monitor with the server;

sending the assignment to the health care monitor through a computer network coupled to

the server;

in response to the patient contact by the health care monitor, receiving patient data through the computer network from the health care monitor;

storing the patient data received from the health care monitor in the patient information

15 database; and

sending the patient data to a health care provider for the patient from the patient information database.

- 7. The method of claim 6, wherein said generating is performed in response to a request from
- a health care provider.
  - 8. The method of claim 7, wherein the patient receives a prescription from the health care

provider and the request from the health care provider is generated to determine compliance of the patient with the prescription.

9. The method of claim 6, wherein the health care monitor is a pharmacist remotely located relative to the server.

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- 10. The method of claim 9, which includes the pharmacist providing counseling to the patient regarding a drug treatment.
- 11. The method of claim 6, which includes entering a patient diagnosis and one or more drug codes into the patient information database, and designating the health care monitor to be a pharmacist.
- 12. The method of claim 6, which includes the health care monitor performing the patientcontact by telephone.
  - 13. The method of claim 6, which includes the health care monitor asking assigned questions of the patient during the patient contact.
- 20 14. The method of claim 6, which includes providing the patient data to a drug outcome study.
  - 15. The method of claim 6, which includes the health care provider adjusting medical

treatment of the patient in response to the patient data after said sending.

16. A computer-accessible device, comprising: logic executable by a computer server to perform patient monitoring by generating an assignment of a patient contact to a health care monitor from a patient information database maintained by the server in response to a request from a health care provider, sending the assignment to the health care monitor through a computer network coupled to the server, receiving patient data through the computer network from the health care monitor in response to the patient contact by the health care monitor, storing the patient data received from the health care monitor in the patient information database, and sending the patient data to the health care provider for the patient from the patient information

- 17. The device of claim 16, wherein the logic is in the form of programming instructions.
- 15 18. The device of claim 16, wherein the logic is in the form of one or more signals transmittable over the computer network.
  - 19. A system, comprising:

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database.

a server operable to maintain a patient information database;

- an administrative computer;
  - one or more practitioner computers;

one or more health care monitor computers;

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a computer network coupled to the server, the administrative computer, the one or more practitioner computers, and the one or more health care monitor computers; and

wherein the server is operable to assign one or more patient contacts to a health care monitor through one of the one or more health care monitor computers over the computer network, receive a patient response obtained by the health care monitor through the computer network, store the patient response in the patient information database received from the health care monitor, and send data about the patient response to at least one of the one or more practitioner computers from the patient information database.

- 10 20. The system of claim 19, further comprising a program sponsor computer coupled to the computer network.
  - 21. The system of claim 19, wherein the server is operable to receive information about a request from a practitioner to follow-up with the patient and generate an assignment of at least one of the patient contacts in response to the request from the practitioner.
  - 22. The system of claim 19, wherein the computer network includes the internet, the server is of a website type, and the administrative computer, the one or more practitioner computers, and the one or more health care monitor computers operate as clients of the server.

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